

ARE YOU THINKING ABOUT QUITTING SMOKING?

If you're interested in attending a
SMOKING CESSATION class, show up
MONDAY January 9th at 5:00pm
AT Bay Area First Step (155 S. Empire BLVD)
and go to the Resource Center
(building in the middle of the parking lot)

If you have any questions please feel free to contact Jack
jwhite@bayareafirststep.org or call 541-851-7151



BAFS | RECOVERY
HAPPENS
BAY AREA FIRST STEP

